Florida Blue

Where Should I Go When I Need Care?

Remember, where you go matters!

Choosing the right treatment option can help you avoid needless worry,
higher out-of-pocket costs and hours of unnecessary waiting. Use this
simple guide to help you make the right decisions when you can't see your PCP.

Convenient Care Centers	Urgent Care Centers	Emergency Room
Convenient care centers may be a good option. They usually have a similar copay to a PCP and treat things like: • Cold and flu-like symptoms • Sinus infection • Urinary tract infection • Rash/skin conditions Be sure to check if convenient care centers are in your plan's network.	Urgent care centers are **less expensive than ERs** and often have **shorter wait times**. Visit an urgent care center for conditions like: • Cold, flu and fever • Strains, sprains and/or breaks • Infections • Mild burns To find an urgent care center near you visit **floridablue.com** and select **Find a Doctor**.	Going to an ER for an issue that is not life-threatening often results in long wait times and high medical bills. Examples of symptoms that require emergency room care: • Severe chest pain (a possible heart attack) • Signs of a possible stroke • Severe or sudden shortness of breath • Sudden or unexplained loss of consciousness **If you have a life-threatening emergency, call 911 right away.**

For more information on care options visit us online at **floridablue.com.**

SCHOOL DISTRICT OF INDIAN RIVER COUNTY*
FL Blue Urgent Care Centers

Carespot Express Healthcare
Vero Beach
1820 58th Avenue, Unit 110
Vero Beach, FL 32966
(772) 257-3200
Monday - Sunday 8am - 8pm

Cleveland Clinic Indian River Medical Center Urgent Care
Pointe West
1960 Pointe West Drive
Vero Beach, FL 32966
(772) 226-4250
Monday - Friday 8am - 7pm
Saturday 9am - 5pm

Cleveland Clinic Indian River Medical Center Urgent Care
Sebastian
801 Wellness Way, Suite 107
Sebastian, FL 32958
(772) 226-4200
Monday - Friday 8am - 7pm
Saturday 9am - 5pm

MD NOW Urgent Care
640 21st Street
Vero Beach, FL 32960
(772) 299-1092
Monday - Friday 8am - 8pm
Saturday - Sunday 8am - 5pm

MD NOW Urgent Care
1150 US Highway 1
Vero Beach, FL 32960
(772) 299-1092
Monday - Friday 8am - 8pm
Saturday - Sunday 8am - 8pm

River's Edge Urgent Care Center
14110 US Highway 1
Sebastian, FL 32958
(772) 202-2265
Monday - Thursday 7am - 5pm
Sunday (Winter Only) 7am - 3pm

Restore Health Urgent Care Center
1840 Eldron Blvd. SE, Suite 1
Palm Bay, FL 32909
(321) 218-3502
Monday - Friday 8am - 7pm
Saturday - Sunday 9am - 4pm

Member should confirm provider is in-network.